de 2 a 20 anos: Meninas

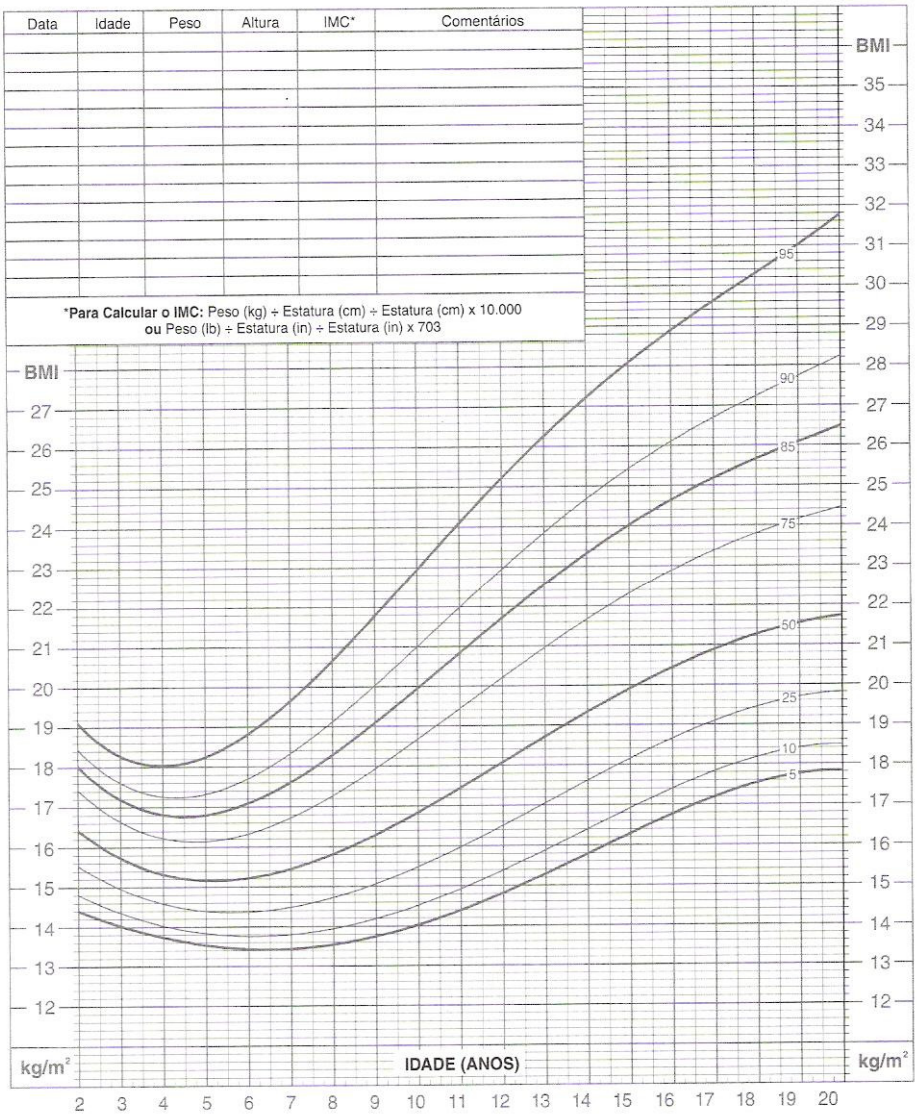
Percentis do Índice de Massa Corporal para a idade

NOME _____

REGISTRO # _____

Data	Idade	Peso	Altura	IMC*	Comentários

*Para Calcular o IMC: Peso (kg) ÷ Estatura (cm) ÷ Estatura (cm) x 10.000
ou Peso (lb) ÷ Estatura (in) ÷ Estatura (in) x 703



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SOURCE: Developed by the National Center for Health Statistics in collaboration with the National Center for Chronic Disease Prevention and Health Promotion (2000). http://www.cdc.gov/growthcharts